



News for U.S. Military Widows in Korea

1. Daegu Retiree Appreciation Day

For Daegu area residents, there will be a Retiree Appreciation Day at Camp Walker on Nov 7. It will be held in the Kelly Fitness Center (Gym), starting at 0900 and ending at 1500. The medical services available will be flu shot, cholesterol check and blood pressure check.

Starting Oct 26, you can make an appointment for a dental checkup by calling 0505-764-4307/4052.

If you have a pet, you can schedule an appointment at the Veterinary Clinic for a checkup, shots, and computer chip that can be used to identify the pet and the pet owner. Call 0505-764-4858 to make an appointment.

There will be a free meal 1130-1300 and drawings for prizes. If you plan to attend, please contact Marlene Rosalie at 0505-768-xxxx by Nov 2.

2. Seoul Retiree Appreciation Day

For Seoul area residents, there will be a Retiree Appreciation Day at Yongsan on Nov 14. It will be held in the Main Post Club starting at 0900 and ending at 1500. Dental services such as cleaning and exams will be provided. Medical services, including FLU shots, H1N1 shots, blood pressure and cholesterol checks will be provided, the pharmacy will also provide limited over the counter medication.

Free lunch will be provided. Gifts and prizes will be provided from AAFES, DECA, VFW, NCOA and other support agencies.

3. No Pay Raise in 2010

There will be no automatic pay raise this year. The U.S. economy has had problems and it has gone down instead of going up. The result is no pay raise. However, the government is talking about a special, one-time payment of \$250, but only for people who are receiving Social Security. I don't know if this will happen, or when it will happen if it's approved.

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